
UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
WASHINGTON, D.C. 20549

FORM 8-K
CURRENT REPORT
Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): March 19, 2014

MRC GLOBAL INC.
(Exact name of registrant as specified in its charter)

Delaware
(State or other jurisdiction of
incorporation)

001-35479
(Commission File Number)

20-5956993
(I.R.S. Employer
Identification Number)

**2 Houston Center, 909 Fannin, Suite 3100,
Houston, TX 77010**

(Address of principal executive offices,
including zip code)

Registrant's telephone number, including area code:

(877) 294-7574

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

- Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
 Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
 Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
 Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))
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Item 7.01

Regulation FD Disclosure.

On March 19, 2014, MRC Global Inc. announced that it will release its first quarter 2014 financial results on Thursday, May 1, 2014 after the market closes. The Company will conduct an investor conference call at 10:00 a.m. ET (9:00 a.m. CT) on Friday, May 2, 2014, to discuss the results for the quarter. Instructions on how to participate in the conference call are contained in the press release, a copy of which is attached hereto as Exhibit 99.1.

Item 9.01

Financial Statements and Exhibits.

(d) *Exhibits.*

99.1 Press release dated March 19, 2014

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: March 19, 2014

MRC GLOBAL INC.

By: /s/ James E. Braun
James E. Braun
Executive Vice President and Chief Financial Officer

INDEX TO EXHIBITS

<u>Exhibit No.</u>	<u>Description</u>
99.1	Press release dated March 19, 2014



MRC GLOBAL ANNOUNCES FIRST QUARTER 2014 EARNINGS RELEASE AND CONFERENCE CALL SCHEDULE

HOUSTON, March 19, 2014 – MRC Global Inc. (NYSE: MRC) announced today that it will release its first quarter 2014 results on Thursday, May 1, 2014 after the market closes. In conjunction with the release, the Company has scheduled a conference call, which will be broadcast live over the Internet, for Friday, May 2, 2014 at 10:00 a.m. Eastern / 9:00 a.m. Central.

What: MRC Global First Quarter 2014 Earnings Conference Call

When: Friday, May 2, 2014 at 10:00 a.m. Eastern / 9:00 a.m. Central

How: Live via phone -- By dialing 480-629-9692 and asking for the MRC Global call at least 10 minutes prior to the start time, or Live over the Internet -- By logging onto the web at the address below

Where: <http://www.mrcglobal.com>

For those who cannot listen to the live call, a replay will be available through May 16, 2014 and may be accessed by dialing (303) 590-3030 and using pass code 4673664#. Also, an archive of the webcast will be available shortly after the call at www.mrcglobal.com for 90 days.

About MRC Global Inc.

Headquartered in Houston, Texas, MRC Global, a Fortune 500 company, is the largest global distributor, based on sales, of pipe, valves, and fittings (PVF) and related products and services to the energy industry and supplies these products and services across each of the upstream, midstream and downstream sectors. More information about MRC Global can be found on our website [mrcglobal.com](http://www.mrcglobal.com).

Contact:

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