Instruction 1(b).

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549	
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Check this box if no longer subject	STATEMENT OF CHANGES IN BENEFICIAL	OWNERSHIP
to Section 16. Form 4 or Form 5		
obligations may continue. See		

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* McCarthy John P					2. Issuer Name and Ticker or Trading Symbol MRC GLOBAL INC. [MRC]									(Che	ck all app Direc	tor	ng Pei	rson(s) to Is 10% O Other (vner
(Last) (First) (Middle) 1301 MCKINNEY ST., SUITE 2300					3. Date of Earliest Transaction (Month/Day/Year) 02/07/2022								X		Officer (give title below) SVP-Sup		below)	specify	
(Street) HOUST(7010 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)						6. Ind Line)	Form	dual or Joint/Group Filing (Check Applicable Form filed by One Reporting Person Form filed by More than One Reporting Person					
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
Date			2. Transac Date (Month/Da	Executio ay/Year) if any		Deemed ecution Date, ny onth/Day/Year)		3. 4. Securitie Transaction Code (Instr. 8) 5.					5. Amo Securi Benefi Owned Report	ties cially I Following	Forn (D) o	n: Direct or Indirect nstr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
								Code	v	Amount	(A) (D)	or	Price	Transa	action(s) 3 and 4)			(11301.4)	
Common Stock 02/			02/07/2	2022		A		22,078(1) [4	\$0.00	6	68,346		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																		
1. Title of Derivative Security (Instr. 3)	ivative conversion or Exercise price of Derivative Security Date (Month/Day/Year) (Month/Day/Year) Execution Date, if any (Month/Day/Year)		4. Transa Code (8)	(Instr. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Date			7. Title and Amount of Securities Underlying Derivative Security (Inst 3 and 4) Amoun or Numbo of Title Shares		D S (III	Price of erivative ecurity nstr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	,	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficia Ownership (Instr. 4)			

Explanation of Responses:

1. On February 7, 2022, the reporting person received 22,078 Restricted Stock Units (the "February 2022 Grant"). Each Restricted Stock Unit represents a contingent right to receive one share of the issuer's Common Stock. 34% of the February 2022 Grant will vest on February 7, 2023 and 33% of the February 2022 Grant will vest on each of February 7, 2024 and February 7, 2025, each conditioned on the reporting person's continued service with the issuer and subject to accelerated vesting under certain circumstances.

Remarks:

/s/ Ann D. Garnett, by power

02/09/2022

of attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.