FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	DС	20549
rvasiliigion,	D.C.	20040

check this box if no longer subject
Section 16. Form 4 or Form 5
bligations may continue. See
actruction 1/h)

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL									
11	OMB Number: 3235-0287								
Estimated a	Estimated average burden								
hours per re	esponse:	0.5							

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Anderson Gillian				2. Issuer Name and Ticker or Trading Symbol MRC GLOBAL INC. [MRC]								(Ch	eck all app Direc	licable)	ng Person(s) to Iss 10% Ow Other (s		ner			
(Last) (First) (Middle) 1301 MCKINNEY ST., SUITE 2300						3. Date of Earliest Transaction (Month/Day/Year) 02/06/2023									X below			below)		
(Street) HOUST	ON TX		7010 Zip)		4. If A	4. If Amendment, Date of Original Filed (Month/Day/Year)									e) X Form Form	Form filed by One Reporting Person Form filed by More than One Reporting Person				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																				
1. Title of Security (Instr. 3) 2. Transact Date (Month/Day					Execution Date,			3. Transaction Code (Instr. 8) 4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)				Securi Benefi Owned	cially I Following	Form (D) or	: Direct r Indirect str. 4)	7. Nature of Indirect Beneficial Ownership				
							Code	v	Amount (A)		or	Price	Transa	Reported Transaction(s) (Instr. 3 and 4)			(Instr. 4)			
Common Stock 02/06/2					2023		A		12,539(1)) 1	A	\$0.0	0 3	3,003		D				
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	if any	emed ion Date, /Day/Year)	4. Transa Code (8)		nstr. Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) Date Exercisable Expiration Date		7. Title and Amount of Securities Underlying Derivative Security (Ins. 3 and 4) Amou or Numb of Share		nstr.	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	y [0]	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficat Ownership (Instr. 4)		

Explanation of Responses:

1. On February 6, 2023, the reporting person received 12,539 Restricted Stock Units (the "February 2023 Grant"). Each Restricted Stock Unit represents a contingent right to receive one share of the issuer's Common Stock. 34% of the February 2023 Grant will vest on February 6, 2024 and 33% of the February 2023 Grant will vest on each of February 6, 2025 and February 6, 2026, each conditioned on the reporting person's continued service with the issuer and subject to accelerated vesting under certain circumstances.

Remarks:

Vice President and Chief Accounting Officer

/s/ Ann D. Garnett, by power of attorney

02/08/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.