FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

l	OMB APPRO	VAL
	OMB Number:	3235-0287
l	Estimated average burde	en
l	hours per response:	0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

							. ,				' '									
	d Address of		2. Issuer Name and Ticker or Trading Symbol MRC GLOBAL INC. [MRC]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)								
<u>Linse Cornelis Adrianus</u>																Direc	tor	10%	Owner	
	(Fii		3. Date of Earliest Transaction (Month/Day/Year) 04/30/2019										Office	er (give title v)	Other below	(specify)				
1301 MCKINNEY ST., SUITE 2300							4. If Amendment, Date of Original Filed (Month/Day/Year)								6. Individual or Joint/Group Filing (Check Applicable					
(Street) HOUSTON TX 77010																X Form filed by One Reporting Person Form filed by More than One Reporting				
					-										Person					
(City)	(St	ate) (Zip)																	
		Tabl	e I - Nor	n-Deriv	/ative	Se	curitie	s Acc	quired,	Dis	posed o	f, or	Bene	eficia	ally C	wne	ed			
1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)						ar) i	2A. Deemed Execution Date, if any (Month/Day/Year)		Code (Transaction D Code (Instr. 5)		4. Securities Acquired (A) Disposed Of (D) (Instr. 3, 4 5)			4 and S B		ount of ties cially I Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
							Code	v	Amount		(A) or (D)	Price	1	Reported Transaction(s) (Instr. 3 and 4)			(111501.4)			
Common Stock 04/30/						4/30/2019					6,857(1)	A	\$0.00		0 43,025		D		
		Та									sed of, onvertib				y Ow	ned				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year		4. Transaction Code (Instr. 8)		of		6. Date E Expiratio (Month/D	n Dat		nd 7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		str. 3	8. Pric Deriva Secur (Instr.	ative ity	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisa		Expiration Date	Title	Ame or Nun of Sha	nber						

Explanation of Responses:

1. Represents shares of restricted common stock awarded to the reporting person on 4/30/2019 that will vest on 4/30/2020, conditioned on the reporting person's continued service as a director of the issuer and subject to (a) pro-rata vesting if the reporting person's service as a director terminates prior to 4/30/2020 and (b) accelerated vesting under certain circumstances.

Remarks:

/s/ Ann D. Garnett, by power of attorney 05/01/2019

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.