FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL OMB Number: Estimated average burden hours per response: 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*					2. Issuer Name and Ticker or Trading Symbol MRC GLOBAL INC. [MRC]									5. Relationship of Repo (Check all applicable) X Director			. ,	Issuer Owner	
	(Fi GHT TOW NEY ST., S	ER, 1301	Middle)		02/	3. Date of Earliest Transaction (Month/Day/Year) 02/10/2020								X Officer (give title Other (speci below) below) President & CEO					
(Street) HOUSTO			77010 Zip)		- 4. li	f Amen	dment	, Date	of Origir	nal File	ed (Month/Da	y/Yeai)	6. Lir	X Forn	n filed by C	One Rep	ng (Check porting Per an One Re	son
	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																		
1. Title of Security (Instr. 3)			2. Transaction Date (Month/Day/Year)		2A. Deemed Execution Date, if any (Month/Day/Year)		3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 a 5)					6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership			
									Code	v	Amount	(A) (D)	or P	ice	Transaci (Instr. 3	tion(s)			(Instr. 4)
Common Stock			02/10/2020				A		120,306(1)	P		50.00	772	772,032		I :	Through a Limited Partnership		
Common	Stock			02/10/2	2020				F		33,402 ⁽²⁾	I) !	\$10.8	738	3,630		I :	Through a Limited Partnership
Common Stock			02/11/2020				A		150,125 ⁽³⁾	P		60.00	888,755		I		Through a Limited Partnership		
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	erivative Conversion Date Execution Date, or Exercise (Month/Day/Year) if any		ion Date,		ansaction of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Expira (Month	tion D		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		tr. 3	8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	e s lly	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exerci	sable	Expiration Date	Title	of Shar						

Explanation of Responses:

- 1. The reporting person acquired these shares upon the settlement of certain Performance Share Units of the issuer.
- 2. The reporting person surrendered these shares to satisfy tax withholding obligations resulting from the settlement of certain Performance Share Units of the issuer.
- 3. On February 11, 2020, the reporting person received 150,125 Restricted Stock Units (the "February 2020 Annual Grant"). Each Restricted Stock Unit represents a contingent right to receive one share of the issuer's Common Stock. 34% of the February 2020 Annual Grant will vest on February 11, 2021 and 33% of the February 2020 Annual Grant will vest on each of February 11, 2022 and February 11, 2023, each conditioned on the reporting person's continued service with the issuer and subject to accelerated vesting under certain circumstances.

Remarks:

/s/ Ann D. Garnett, by power

02/12/2020

of attorney

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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