FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C. 20549
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* Bowhay John L.						2. Issuer Name and Ticker or Trading Symbol MRC GLOBAL INC. [MRC]									all app Direc	licable)	ng Person(s) to 10% (Other				
(Last) (First) (Middle) FULBRIGHT TOWER, 1301 MCKINNEY ST., SUITE 2300						3. Date of Earliest Transaction (Month/Day/Year) 02/08/2021								Λ	SVP			below) lobal VAI	MI		
(Street)	Street) HOUSTON TX 77010							4. If Amendment, Date of Original Filed (Month/Day/Year)								i. Individual or Joint/Group Filing (Check Applicable ine) X Form filed by One Reporting Person Form filed by More than One Reporting Person					
		Table	I - No	n-Deriva	tive S	Secui	rities	Acq	uired,	Dis	posed of	or B	enefic	ially	Own	ed					
1. Title of Security (Instr. 3) 2. Transa Date (Month/D				Execution D		Date,	3. Transaction Code (Instr. 8)		4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			4 and Securi Benefi		ties Fo cially (D) d Following (I)		n: Direct or Indirect ostr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)				
							Code	v	Amount	(A) (D)	or Prio	e	Transa	ction(s) 3 and 4)			(1130.4)				
Common	2021				Α		20,089(1)	9 ⁽¹⁾ A		0.00	111,428			D							
Common Stock 02/08/2						2021			A		5,208(2)	A	\$(0.00	0 116,636			D			
Common Stock 02/08/				02/08/2	2021				F		2,287(3)	D	\$9	9.32	114,349			D			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																					
1. Title of Derivative Security (Instr. 3)	ve Conversion Date Execution Date, Tran or Exercise (Month/Day/Year) if any Cod			Transa Code (6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Ins 3 and 4)				9. Number derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	Owners Form: Direct (or Indir (I) (Inst	Ownership	Beneficial Ownership ct (Instr. 4)				
				Code		v	(A)	(D)	Date Exercisable		Expiration Date	Title	or Number of Shares								

Explanation of Responses:

- 1. On February 8, 2021, the reporting person received 20,089 Restricted Stock Units (the "February 2021 Annual Grant"). Each Restricted Stock Unit represents a contingent right to receive one share of the issuer's Common Stock. 34% of the February 2021 Annual Grant will vest on February 8, 2022 and 33% of the February 2021 Annual Grant will vest on each of February 8, 2024, each conditioned on the reporting person's continued service with the issuer and subject to accelerated vesting under certain circumstances.
- 2. The reporting person acquired these shares upon the settlement of certain Performance Share Units of the issuer.
- 3. The reporting person surrendered these shares to satisfy tax withholding obligations resulting from the settlement of certain Performance Share Units of the issuer.

Remarks:

/s/ Ann D. Garnett, by power

02/10/2021

of attorney

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.